

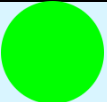
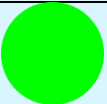











## Important things to know and do when supporting my Mum, Mary Smith

	<b>Approaches to take and things to do straight away</b>	<b>Approaches and things to do once my Mum has got to know you and trust you</b>	<b>Things to do only after talking to me and agreeing with me first</b>
	Take a cake (I will cover the cost) and say to my Mum “Oh look, I’ve brought a cake. Do you fancy a wee cup of tea?” Encourage my Mum to make the tea.		
	<u>Always</u> use a gentle approach.		
	Say “Hello, my name is…” each time you visit.		
	Talk gently- not too much but enough to build a relationship.		
	Be responsive. Always use your initiative. If what you had planned doesn’t work, try something else. There’s always washing to do and surfaces to clean if all else fails.		
	Keep in touch with me, Sarah and always acknowledge me if you see me in passing.		




## Important things to know and do when supporting my Mum, Mary Smith

	<p><b>Approaches to take and things to do straight away</b></p>	<p><b>Approaches and things to do once my Mum has got to know you and trust you</b></p>	<p><b>Things to do only after talking to me and agreeing with me first</b></p>
	<p>Keep a note of what you have been doing whilst with my Mum in the communication book.</p>		
		<p>Once the cooker is in place, offer my Mum soup, cheese on toast or scrabbled egg- she loves all 3</p>	
		<p>Take my Mum on trips out in the car (mileage covered)</p>	
		<p>Support my Mum to attend the Photography Club hosted by the Dementia Resource Centre.</p>	

## Important things to know and do when supporting my Mum, Mary Smith

	<p><b>Approaches to take and things to do straight away</b></p>	<p><b>Approaches and things to do once my Mum has got to know you and trust you</b></p>	<p><b>Things to do only after talking to me and agreeing with me first</b></p>
			<p>Help my Mum have a shower or attend to personal care- please do not try and do this until we have agreed that the time is right.</p>
			<p>Clean the bathroom or Hoover- my Mum does her own hoovering. She is proud and likes to look after her own bathroom, but really she does need help here but please don't offer to help with this until we have agreed.</p>

## Important things to know and do when supporting my Mum, Mary Smith

	<p>Approaches to take and things to do straight away</p>	<p>Approaches and things to do once my Mum has got to know you and trust you</p>	<p>Things to do only after talking to me and agreeing with me first</p>
			<p>Go for a walk locally- please agree this with me first.</p>
			<p>Go to the cinema- please agree with me first.</p>